

Wegmans Executive Testifies for Health Reform

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[Wegmans Exec Testifies on Health Care Reform](#)

[Paul Speranza talks Healthcare Reform](#)

(Rochester, N.Y./Washington) -- The nation's plans for healthcare reform could include some solutions with Rochester roots.

Paul Speranza, a Wegmans executive and member of the Rochester Business Alliance, testified before Congress in Washington on Tuesday.

He gave suggestions for healthcare reform that have already proven valuable to businesses and workers here in Rochester including the supermarket chain's [Eat Well Live Well Challenge](#) they rolled out to the Rochester business community.



Paul Speranza

The program is intended to produce healthier, more productive workers with lower healthcare costs.

Speranza said, "Last year we had over 200 organizations in this community with over 44,000 employees participating, it's the largest community-wide wellness program in the world, so basically what we were telling Congress is if you can do it in Rochester you can do it anywhere."

The Summit Federal Credit Union had a lot of success with the initiative.

Pati Cefarilli-Phillips of the credit union said, "It is morale booster because we like to compete with each other, team leaders are making sure people are getting their steps and their cups in."

Success stories like one woman's hint at a solution to the nation's healthcare problems.

Cefarilli-Phillips said, "She was on cholesterol pills and high blood pressure pills, but participating in Eat Well, Live Well she was able to come completely off her cholesterol pills and her doctor's anticipating that he'll be able to take her off her blood pressure pills as well."

For more on Speranza's trip to Washington and ideas for healthcare reform watch video of the entire interview.